Glyndon Virtues:

Assertiveness Caring Cleanliness Commitment Compassion Confidence Consideration Cooperation Courage Courtesy Creativity **Detachment Determination** Diligence Enthusiasm Excellence **Flexibility Forgiveness Friendliness** Generosity Gentleness Helpfulness Honesty Honor Humility Idealism

Integrity **Joyfulness Justice** Kindness Love Loyalty Moderation Modesty **Orderliness Patience Peacefulness** Perseverance **Purposefulness** Reliability Respect Responsibility Self-Discipline Service Tact **Thankfulness** Tolerance Trust **Trustworthiness Understanding Truthfulness**